

1 Who is Isadora Duncan?

An artist who expressed the beauty of the human soul through the freedom of the body.

Born in America in 1877, Isadora Duncan created a new form of dance that honored the natural movement of the body and the rhythm of life within.

For her, dance was not mere technique — it was something that awakened humanity's innate creativity and powers of expression.

She pursued a way of life in which art, life, and ideas became one. Her philosophy has been passed down to artists and educators around the world and continues to inspire countless people today.

“Dance is the secret language of the soul.”

— Isadora Duncan



Isadora Duncan at the Temple of Dionysus, Athens

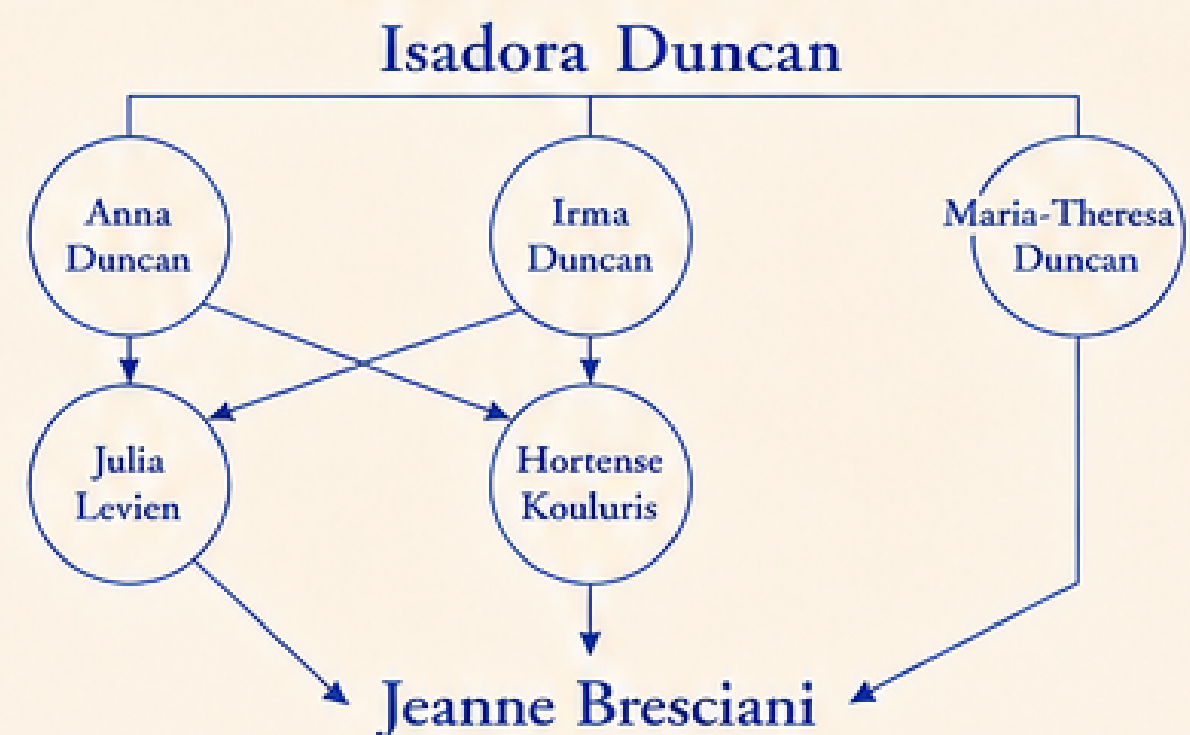
2 International Programs Carrying Isadora's Art Into the Future

The Isadora Duncan International Institute (IDII), founded by Isadora's adopted daughter, Maria Theresa Duncan, is now led by Dr. Jeanne Bresciani, who directs workshops, performances, research, and educational activities around the world.

At the IDII, the art Isadora envisioned is passed on not merely as dance, but as a path toward living more freely and more deeply.

This workshop is a precious opportunity to come into immediate contact with that art and spirit.

Isadora's art has been passed down across generations.



3 Bringing the Spirit of Ancient Greece That Captivated Isadora to the World — The Path to the Reinstatement of the Delphic Games

One of the international initiatives the Isadora Duncan International Institute (IDII) has pursued since 2004 is the modern Reinstatement of the Delphic Games.

Isadora Duncan was profoundly moved by the art and spirituality of ancient Greece, and pursued an art that honored the rhythms of the natural world and the harmony of body and soul.

The Reinstatement of the Delphic Games is an international initiative bringing to life in our time the ideal that Isadora fostered throughout her life: that *“the power of art unites people and leads them toward a higher consciousness.”*

This workshop, too, is held as part of that shared vision.

Key Milestones in the Delphic Initiative

Events are presented annually in the United States or Delphi, Greece.



4 What Is the Festival for the Reinstatement of the Delphic Games?

Ancient Greece

Among the great Panhellenic festivals of ancient Greece, the Delphic Games held a unique place. Dedicated to Apollo, they were the only games to unite athletic competition with a comprehensive program of artistic contests, including music, dance, poetry, theatre, and other creative disciplines. In celebrating the harmonious cultivation of body, mind, and spirit, the Delphic Games affirmed the arts as an essential expression of human excellence.



1927

Inspired by the Delphic Ideal, Isadora Duncan, together with her brother Raymond and his wife Penelope, joined Angelos Sikelianos and Eva Palmer-Sikelianos in founding the first modern Reinstatement of the Delphic Games. Conceived as a gathering dedicated to artistic creation, intercultural understanding, and peace, it reintroduced the Delphic vision to the modern world.



Spring 2027

One hundred years after the 1927 modern reinstatement, the Festival for the Reinstatement of the Delphic Games will return as a global celebration of artistry, humanity, and mutual understanding. Building upon more than two decades of renewed Delphic initiatives since 2005—with IDII Japan delegates serving as an integral and enduring presence throughout this continuity—the centennial will carry the historic Delphic vision forward with renewed international momentum. Rather than recreating the competitive structure of the ancient games, the gathering will embody their essential ideals through artistic presentation, creative exchange, and the cultivation of harmony among peoples. In partnership with Greek officials and collaborating organizations, the Isadora Duncan International Institute is honored to contribute to the preparation of this historic centennial celebration.



Experience through Video

We invite you to explore videos that convey the spirit and vision of the Delphic initiative. Please scan the QR codes and visit our channels.

Delphic Preview 2020



YouTube

“Delphic Ideal” at the United Nations



YouTube

Meet Jeanne Bresciani



YouTube

IDII.HP



Duncan Japan
Isadora Duncan International Institute
idii.org | info@idii.org

“Dance is the secret language of the soul.” — Isadora Duncan